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ПРОБЛЕМЫ МОЛОДЕЖИ И СУИЦИДНЫЕ ПРОЯВЛЕНИЯ В ОБЩЕСТВЕ

В работе мы попытались определить понятие суицида. Рассмотрены проблемы молодежи. Показатели количества самоубийств среди подростков довольно внушительные. Большинство подростков совершают самоубийства в силу различных факторов: неуверенность в себе, смущение, давление со стороны родителей, финансовая несостоятельность и многое другое.

Исследования показали, что существует определенный перечень симптомов – признаков готовности к самоубийству. Рассмотрены способы предотвращения суицида. Родители, друзья и близкие играют одну из самых важных ролей. Больному необходимо вовремя выговориться, не таить в себе печаль, обсудить с кем-то те вопросы, которые его (ее) беспокоят. Придерживаясь таких несложных правил, можно предотвратить большое количество трагедий.

When we began to consider this problem we could hardly imagine that in order to comprehend the essence of the problem, the nature of those people who choose death as the only way out of the shaped life impasse should be studied.

“Suicide” is an English word which we used as a term in our article. It is an act of self-murder committed by human being in the state of the strongest emotional derangement or under the influence of psychic ailment, a conscientious act of self-removal from life caused by the situations evoking psychic traumas when one's own existence as highest value loses its sense for an individual. The reasons of suicide are multifarious, they lie not only in personal deformations of an individual and the surrounding atmosphere causing anguish, but also in socioeconomic and moral organization of society.

Suicides among young people nationwide have increased dramatically in recent years. Each year in the U.S., thousands of teenagers commit suicides. Suicide is the third leading cause of death for 15-to-24-year-olds and the sixth leading cause of death for 5-to-14-year-olds.

Teenagers experience strong feelings of stress, confusion, self-doubt, pressure, striving to success in life and fear of being a loser, financial uncertainty, and other fears while growing up.

For some teenagers, divorce, the formation of a new family, or moving to a new community can be very unsettling and can intensify self-doubt. In such cases, suicide seems to be the only solution.

Parents should be aware of the signs of adolescents who may tend to kill themselves.

Health professionals have noticed a disturbing trend in recent years: cluster suicide, when one youth's suicide leads to others among his or her own peers. In a way, this is understandable. Depressed adolescents tend to drift together, forming bonds of despair. When one commits a suicide and suddenly attracts attention as some sort of a tragic hero, others may be tempted to do likewise.

Don't dismiss the adolescents' problem as trivial. Be honest. If you're worried, say so. You will not start thoughts of a suicide by talking about it.