

## СПЕЦИФИКА СОВРЕМЕННЫХ ОНТОПСИХОЛОГИЧЕСКИХ ИССЛЕДОВАНИЙ THE SPECIFIC CHARACTER OF CONTEMPORARY ONTOPSYCHOLOGICAL STUDIES

В работе представлено новое направление в психологической науке – онтопсихология. Дана характеристика содержательному и понятийному аспектам. На основе краткого аналитического обзора выделены основные направления современных онтопсихологических исследований.

We are absolutely sure that every one of us has asked himself, “What’s the purpose of my life? Why do I exist? Who am I?” It may sound amazing but ontopsychology that has gained the status of a science based on practical researches in psychotherapy claims to know the very answer for these questions.

So, what is an ontopsychology? The word ontopsychology was formed from a Greek “onto” meaning “be”, “psycho” meaning “soul” and “logy” which means “science”. Therefore, literally, it means: the study of psychical activity in its first causality, including the comprehension of being. Ontopsychology enables us to understand the total structure of the unconscious, and the dynamics and determinations that we establish in relation to other people in our environment. Basically, it can be regarded as a method to develop and authenticate human creativity in historical action.

Ontopsychology is the youngest of contemporary humanistic sciences that was founded by Italian psychologist and philosopher Antonio Meneghetti.

So, how does ontopsychology sees a man? Ontopsychological view of a human being may be depicted in the following scheme (see Fig. 1) that represents a man as a constantly moving single unity:

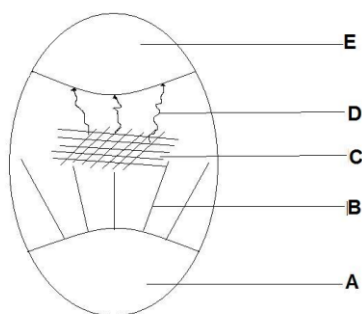


Fig. 1

A – is an ontic In Se which is the epistemological criterion for authentication and evolution. The ontic In Se is understood as the primary point, the principle of any individuality. Its drives are the bases for the subject's health and functionality. The ontic In Se represents the criterion granting the exact consciousness of the operator - leader, researcher or scientist in any field of application.

B – a natural revelation of life in accordance with the ontic In Se (an exact situation of a person that is “right here and right now”).

C – is a monitor of deflection which is believed to be the sole root of many alterations. The m.o.d. is a psychedelic device that in a fixed manner alters all signals reflecting the environmental reality. The first effect of the interference of this mechanism is a decrease of the conscious sphere.

D – vital impulses that actually represent complexes and stereotypes

E – is a consciously logical “I”, that is the last level on which we make decisions in our lives.

The only level that is conscious is level “E”. All the rest of them represent the sphere of unconsciousness. Therefore, a conclusion can be drawn: every person is a product of his or her unconsciousness.

So, why do we need this ontopsychological knowledge? Today, ontopsychological analysis is applied to the fields of business, management, medicine, art, science and education, offering a veritable support to leaders. A leader is the preferential addressee of the practical application of ontopsychology.

Ontopsychology offers quite a number of ways of gaining ontophysical knowledge. The 2 most interesting are a residence and a cinelogy.

The residence usually lasts between 3 and 7 days. Great attention is paid to the choice of the place and structures where the activities are carried out, in which from 15 to 50 participants may take part. The aim of the residence is: authentication and development of a leader or a potential leader.

Cinelogy analyses the emotive dynamics that arise in the spectator watching the moving images in the projection of a film. It enables spectators to gain awareness of their inner world and their emotions so as to find a criterion for self-evaluation.

As it was mentioned earlier ontopsychology may be applied in education and pedagogics. Ontopsychology sees the main aim of pedagogics in teaching a person how to understand your inner world and build yourself: how to bring up a leader in yourself. I am supposed to give you some recommendations on pedagogics. But I am not going to do that for there is one good reason.

Ontopsychology as a science has not been accepted by many psychologists. Some of them call it a pseudo-psychology and believe it to be a fast growing commercial cult. Indeed, according to ontopsychology the ontic In Se is said to be the clue to everything. But there is no clear explanation how to reveal the In Se.

Thus, ontopsychology – is it a science or a sand castle? We would recommend to wait and see if it is truly proved to be a science before applying it.